

Mentor Roles & Responsibilities

Understanding your role and responsibilities within the mentor/mentee relationship will better enable you to reach all of your desired goals.

Phase 1: Identifying Roles

- Have a clear understanding of why you want to be a mentor
- Mentor with a realistic assessment of your skills and experience

Phase 2: Communicating Expectations

- Have a clear understanding of your expectations for your mentee
- Clearly communicate those expectations
- Stay flexible in changing expectations or plans
- Create goals with milestones and deliverables
- Adapt your feedback to your mentee's learning style
- Be realistic about setting timelines

Phase 3: Working Together

- Advise, don't dictate
- Advise on what you know and admit the things you don't know
- Give good examples
- Recognize your mentee's weaknesses and build on his/her strengths
- Offer constructive feedback
- Evaluate progress
- Be your mentee's supporter when he/she reaches his/her goals
- Be consistent and reliable

Phase 4: Meeting All of the Goals

- After mentoring is completed, follow up on successes
- Provide an evaluation of the experience
- Repeat the mentoring process with others

Source: AMTA,

<https://www.amtamassage.org/mentor/Mentor---Mentee-Roles-and-Responsibilities.html>